## CONNECTING HEADPHONES

WARNING: To prevent possible hearing loss, set VOLUME to 0 before you put on the headphones. After you put on the headphones, adjust VOLUME.

For private listening and for stereo sound during FM stereo broadcasts, connect optional stereo headphones with a $1 / 8$-inch plug. Your local Radio Shack store sells a wide selection of stereo headphones.

Insert the headphones' plug into the receiver's headphone jack. This disconnects the receiver's internal speaker.

When you connect stereo headphones and tune to a stereo broadcast, ST appears on the display. For best reception, fine tune the receiver until ST remains steady.

Hearing Comfort and Your Health
Do not listen to your receiver at extremely high volume levels, especially when listening through headphones. Extended high-volume listening can cause permanent hearing loss.

LIGHTING THE DISPLAY
Press LIGHT to light the display. The display light automatically turns off about 15 seconds after you release LIGHT.

LOCKING THE CONTROLS
The lock feature helps prevent you from accidentally turning the receiver on or off, changing the band or frequency, or changing other front-panel controls.

Set the lock switch to LOCK to lock the front-panel buttons. Set the switch to the other position to unlock the buttons.

NOTE: This locks the ROTARY TUNING dial and the front-panel buttons. You can still adjust VOLUME, TONE, and other controls.

USING THE TIME ZONE MAP
Most shortwave stations announce broadcast times in UTC (universal time coordinate). The time zone map on the back of the receiver shows the difference between UTC and each time zone.

To determine your local time, add or subtract the specified number from UTC. During daylight savings time, subtract 1 more hour.

USING THE FOLDING STAND
You can position the receiver more securely and possibly improve the sound by resting the receiver on its stand. Lift the latch on the back of the receiver to open the stand.

Shortwave listening is a hobby with thousands of participants worldwide. It requires no special knowledge or skills, but your enjoyment increases as you gain experience and develop special listening techniques.

The information in this section can help you make the most of your listening time.

## REFERENCE SOURCES

Many books and magazines about shortwave listening are available through your local library or newsstand. Consult sources such as the World Radio Handbook, Radio Amateur's Handbook, Passport to World Band Radio, Monitoring Time, and Popular Communications. These publications can help you learn about the conditions that make long-distance reception possible and provide up-to-date listings for shortwave broadcasts in English and in foreign languages.

BAND ALLOCATIONS

Certain portions of the radio spectrum are set aside for specific purposes.

NOTE: Bands are often referred to by wavelength. For example, the 19meter band refers to the range of frequencies whose waves are about 19 meters long.

Ham Frequencies
Tuning to the ham radio frequencies can be interesting and helpful, because ham operators often broadcast emergency information when other means of communication break down.

Ham radio operators use the following bands. Portions of these bands are set aside for continuous wave (CW) Morse code communication or for single sideband (SSB) voice communication, as shown below.

```
1 6 0 \text { meters: 1,800 - 2,000 kHz: SSB}
80 meters: 3,500 - 3,800 kHz: CW
        3,800 - 4,000 kHz: SSB
40 meters: 7,000 - 7,150 kHz: CW
        7,150 - 7,300 kHz: SSB
20 meters: 14,000 - 14,200 kHz: CW
        14,200 - 14,350 kHz: SSB
15 meters: 21,000 - 21,250 kHz: CW
    21,250 - 21,450 kHz: SSB
10 meters: 28,000 - 28,500 kHz: CW
    28,500 - 29,700 kHz: SSB
```

NOTE: These ranges are not precisely observed everywhere in the world.

## International Frequencies

International commercial broadcasts are found in the following SW bands. These programs (often in English) usually contains news, commentaries, music, and special features reflecting the culture of the broadcasting country. You might find it easiest to hear these broadcasts between 6:00 p.m. and midnight (your time).

| Band <br> (in meters) | Frequency Range <br> (in MHZ) |
| :--- | ---: |
| $120 *$ | $2.300-2.495$ |
| $90 *$ | $3.200-3.400$ |
| $75 *$ | $3.900-4.000$ |
| $60 *$ | $4.750-5.060$ |
| 49 | $5.950-6.200$ |
| $41 * *$ | $7.100-7.300$ |
| 31 | $9.500-9.900$ |
| 25 | $11.650-12.050$ |
| 21 | $13.600-13.800$ |
| 19 | $15.100-15.600$ |
| 16 | $17.550-17.900$ |
| 13 | $21.450-21.850$ |
| 11 | $25.670-26.100$ |

* These bands are reversed for stations in tropical areas.
** Ham operators and international stations share 7.100-7.300 MHz. Interference is heavy in this range.

Aircraft Frequencies

Aircraft on international routes sometimes use SW. Most transmissions are in SSB, although you can still hear some AM transmissions. Here are some ranges where you might hear aircraft communications.

$$
\begin{array}{r}
4,650-4,750 \mathrm{kHz} \\
6,545-6,765 \mathrm{kHz} \\
8,815-9,040 \mathrm{kHz} \\
10,000-10,100 \mathrm{kHz} \\
11,175-11,400 \mathrm{kHz} \\
13,200-13,360 \mathrm{kHz} \\
15,010-15,100 \mathrm{kHz} \\
17,900-18,030 \mathrm{kHz}
\end{array}
$$

Ships and Coastal Stations
Most transmissions from ships and coastal stations are in SSB and CW. You can hear these transmissions in the following bands.

```
    2,000 - 2,300 kHz *
    4,063 - 4,139 kHz
    4,361 - 4,438 kHz
    8,195 - 8,181 kHz
12,330 - 12,420 kHz
13,107 - 13,200 kHz
16,460 - 16,565 kHz
```

```
* The Coast Guard and small boats use this band, with 2,182 kHz set aside
    as the international distress and emergency channel.
Time Standard Frequencies
The following frequencies announce the exact time of day at specified
intervals.
WWV in Fort Collins, Colorado:
    2,500 kHz
    5,000 kHz
10,000 kHz
15,000 kHz
20,000 kHz
CHU in Canada: 7,335 kHz
VNG in Australia: 4,500 and 12,000 kHz
Longwave Band
The 150 - 540 kHz range is known as the longwave band. Reception for this
range is best between 6:00 p.m. and midnight (your time). Most stations
in this range serve as beacons for aircraft and marine navigation by
continuously transmitting their call letters. Through your local library,
you can find books on air and marine navigation, which contain lists of
    the beacon stations and their locations.
Some ships also use this range, with 500 kHz set aside as an international
distress and emergency station.
Most stations in this range use CW (Morse code), although some use AM
voice transmission for weather broadcasts.
FREQUENCY CONVERSION
The tuning location of a station can be expressed in frequency (kHz or
MHz) or in wavelength (meters). The following information can help you
make the necessary conversions.
To convert from MHz to kHz, multiply by 1,000. For example:
9.62 MHz x 1000 = 9620 kHz
To convert from kHz to MHz, divide by 1,000. For example:
    2780 kHz
    1000
To convert from MHz to meters, divide 300 by the number of MHz. For
example:
    3 0 0
L=42.25 meters
```

LISTENING GUIDE
The following list contains some of the more frequently head stations. All stations operate in English unless otherwise specified.

You can hear these stations, throughout North America. However, reception varies based on the season, time of day, and a number of other conditions.

This information can change at any time. For sources of yearly, up-todate listings, see "Reference Sources" under "Listening Hints."

| kHz | Station | Location | Remarks |
| :---: | :---: | :---: | :---: |
| 3,223 | Radio SR | Swaziland |  |
| 3,265 | Radio Mozambique | Maputo, Mozambique |  |
| 3,300 | Radio Cultural | Guatemala City, Guatemala | Religious Programs |
| 3,380 | Radio Iris | Esmeraldas, Ecuador | Programs in Spanish |
| 3,385 | FR3 | Cayenne, French Guiana | Programs in French |
| 3,396 | Radio Kaduna | Kaduna, Nigeria |  |
| 4,750 | Radio Bertuoa | Bertoua, Cameroon |  |
| 4,755 | Imo Regional Radio | Imo, Nigeria |  |
| 4,777 | Radio-TV Gabon | Liberville, Gabon | Programs in French |
| 4,795 | Radio Nueva America | La Paz, Bolivia | Programs in Spanish |
| 4,820 | Radio Paz y Bien | Ambala, Ecuador | Programs in Spanish |
| 4,832 | Radio Reloj | San Jose, Costa Rica | Programs in Spanish |
| kHz | Station | Location | Remarks |
| 4,855 | Radio Clube do Para | Belem, Brazil | Programs in Portuguese |
| 4,890 | National Broading Commission | Papua, New Guinea |  |
| 4,915 | Voice Kenya | Nairobi, Kenya |  |
| 4,920 | Australian Broadcasting Commission | Brisbane, Australia |  |
| 4,945 | Radio Colosal | Neiva, Colombia | Programs in Spanish |


| 4,965 | Radio Santa Fe | Bogota, Colombia |
| :--- | :--- | :--- | Programs in Spanish


| 9,530 | Spanish Foreign Radio | Madrid, Spain |  |
| :---: | :---: | :---: | :---: |
| 9,535 | Swiss Radio International | Berne, Switzerland |  |
| 9,540 | Radio Prague | Prague, Czechoslovakia |  |
| 9,570 | Radio Bucharest | Bucharest, Rumania |  |
| 9,575 | Italian Radio and Television Service | Rome, Italy |  |
| 9,610 | Radio-TV Algeria | Algiers, Algeria | Programs in Arabic |
| 9,620 | Radio Berlin International | Berlin, Germany |  |
| 9,645 | Radio Norway | Oslo, Norway |  |
| 9,720 | Radio Iran | Tehran, Iran | Programs in Farsi |
| 9,745 | HCJB | Quito, Ecuador |  |
| 9,770 | Austrian Radio | Vienna, Austria |  |
| 9,800 | Radio Kiev | Kiev, USSR |  |
| 9,835 | Radio Budapest | Budapest, Hungary |  |
| 10,040 | Voice of Vietnam | Hanoi, Vietnam |  |
| 11,655 | Israel Radio | Jerusalem, Israel |  |
| 11,690 | Radio Kuwait | Kuwait, Kuwait |  |
| kHz | Station | Location | Remarks |
| 11,705 | Radio Sweden | Stockholm, Sweden |  |
| 11,720 | Radio Moscow | Moscow, USSR |  |
| 11,735 | Radio Sofia | Sofia, Bulgaria |  |
| 11,745 | Voice of Free China | Taipei, China |  |
| 11,815 | Radio Japan | Tokyo, Japan |  |
| 11,825 | Radio Tahiti | Papeete, Tahiti | Programs in Tahitian |
| 11,835 | 4VEH | Cap Haitien, Haiti |  |
| 11,845 | Radio Canada International | Montreal, Canada |  |
| 11,850 | Deutsche Welle | Cologne, Germany |  |


| 11,890 | Voice of Chile | Santiago, Chile |  |
| :---: | :---: | :---: | :---: |
| 11,900 | Radio RSA | Johannesburg, South Africa |  |
| 11,910 | BBC | London, England |  |
| 11,930 | Radio Havana Cuba | Havana, Cuba |  |
| 11,935 | Radio Portugal | Lisbon, Portugal |  |
| 11,945 | Radio Peking | Peking, China |  |
| 11,955 | Voice of Turkey | Ankara, Turkey |  |
| 11,980 | Radio Moscow | Moscow, USSR |  |
| 15,038 | Saudi Arabian <br> Broadcasting Service | Riyadh, Saudi Arabia | Programs in Arabic |
| 15,135 | Radio Moscow | Moscow, USSR |  |
| 15,165 | HCJB | Quito, Ecuador |  |
| 15,190 | ORU | Brussels, Belgium |  |
| 15,205 | All India Radio | New Delhi, India |  |
| 15,260 | BBC | London, England |  |
| 15,265 | Finnish Radio | Helsinki, Finland |  |
| 15,275 | Radio Sweden | Stockholm, Sweden |  |
| kHz | Station | Location | Remarks |
| 15,305 | Swiss Radio International | Berne, Switzerland |  |
| 15,310 | Radio Japan | Tokyo, Japan |  |
| 15,320 | Radio Australia | Melbourne, Australia |  |
| 15,400 | BBC | London, England |  |
| 15,430 | Radio Mexico | Mexico City, Mexico | Programs in Spanish |
| 15,465 | Radio Pakistan | Islamad, Pakistan | Programs in Urdu |
| 17,720 | Radio France International | Paris, France |  |
| 17,825 | Vatican Radio | Vatican City |  |
| 17,860 | Austrian Radio | Vienna, Austria |  |
| 21,495 | Israel Radio | Jerusalem, Israel |  |


| 21,525 | Radio Australia | Melbourne, Australia |
| :--- | :--- | :--- |
| 21,625 | Israel Radio | Jerusalem, Israel |
| 21,645 | Radio France <br> International | Paris, France |
| 21,735 | Radio-TV Morocco | Rabat, Morocco |$\quad$ Programs in Arabic

(ALL-12/13/94)

